

# ENERGY DEFENSE AND CLEANSE CURRICULUM (Dec 5, 2021)

## Level 1: 10am to 12 pm

### ***10 am to 11 am Foundational Knowledge***

- Lightworkers Pledge of No Harm
- New understanding of reality and science behind it
- Energetic portrait of a human
- Human aura, layers and levels of attack
- How our aura gets damaged and what it means for our life
- Spiritual and Physical Laws of Nature to be in the Flow and Be Protected:
  - a. the Law of Will
  - b. The Law of Binding
  - c. The Law of 3 Appearances
  - d. The Law of 4 Ws
  - e. The Law of Observation
  - f. The Law of Hierarchy
  - g. The Torsion Laws of Physics
  - h. The Law of Reverberation
- The main Emotional Principles of protection and vulnerability
- Positivity and joy- scientific evidence of protection
- Different levels of attack and different levels of protection (negativity, evil eye, curse, hexing)
- A portrait of an attacker
  - a. Why do people attack?
  - b. Loving people who cause harm
  - c. Energy vampires- science behind them
  - d. Types of energy vampires
  - e. Energy practitioners

### ***11 am- 12pm Practice techniques***

- Rules for Protection
- The “best” defense
- Practical diagnostic of a dangerous person
- Protection from the loving people practice
- Level 1 protection practice
- Level 2 protection practice
- Level 3 protection practice
- Level 4 protection practice
- Protection of Photos, kids, pets and house

## **12-12:30 light lunch AND LEVEL 1 CERTIFICATION**

### **Level 2: 12pm to 4pm (level 1 is required)**

#### ***12:30-1:30 Practice the flow***

- How to be in the FLOW
- Learn to shrink and expand your energy field (aura)
- The Ninja Technique
- The Science of Clearing and Recharging Your energy
- Clear hooks and past trauma
- The “middle focus” for protection
- Advance recognition of the attacks and the “hooks”
- ***1:30-3:00 practice advanced defense attacks***
- Saliva/ blood/ semen and other fluid energetic cords
- Cord cutting (past lovers, cheaters, energy vampires)
- The science behind evil eye, curses and hexing
- Evil eye protection
- Voodoo dolls protection
- Loving separation from the dead
- Prayers and mantras for higher attacks
- Science behind essential oils, amulets and sage

#### ***3:00- 4:00 work with others***

- Main principles of working with others
- Self-protection for working with others
- Setting up your space
- PRACTICE working with others
- Conclusion- our main goal

## **LEVEL 2 CERTIFICATION**